



# Sunnyside House

Leading Independence Training Provider in the South East



## LIVING IN LOCKDOWN

We wanted to take a moment to thank the Sunnyside team of staff and learners who have really pulled together over the past year make it through lockdown. We know it's been such a difficult year for our learners with all the restrictions that had to be put in place, but they have done so well at staying positive and we are beginning to see light at the end of the tunnel.



A special thanks to the team members who locked down at Sunnyside and moved in for months on end and put their personal lives on hold so they could keep everyone safe during this really difficult time. Your kindness and love shown during this pandemic really makes us proud to have you as part of our team.

The whole staff team have begun to return to work following the yearlong Lockdown. This has been greatly welcomed by the service users and they were over the moon to start getting some normality back, service users are looking forward to getting their second vaccine soon which will hopefully allow them more freedom to visit family and friends.



# Sunnyside Domiciliary Care



We are excited to announce a new adventure that Sunnyside is entering, we will very soon be offering Domiciliary care. We are looking forward to our team being able to help many more members of the community in their own space but with the knowledge and expertise that our team has gained from working at Sunnyside and helping a great number of individuals to independence. This new service will be called Sunnyside Home Care, and it is dedicated to work with our clients and their families who require care in their own homes.

Some examples of the types of services we can offer are:

- Companionship and socialising
- Preparing meals and support with eating
- Shopping, collecting pensions medications and similar chores
- Washing, bathing, dressing and undressing
- Managing continence
- Household cleaning
- Assisting with washing, ironing, laundry, and linen
- Going on outings and assisting with community-based activities
- Support with a handyman, driver, gardener
- Access to our 'My Life' independence programme on a 1 to 1 basis

Understanding that no two people are the same, we always design our services around your unique circumstances.

If this is something of interest to you, please feel free to contact us or visit our website <https://sunnysidehomecare.co.uk>

# Learner updates

## Coral

WE RECENTLY WELCOMED CORAL TO SUNNYSIDE HOUSE. CORAL HAS MOVED INTO THE INDEPENDENCE TRAINING FLAT AND IS PROGRESSING WELL WITH STAFF SUPPORT. CORAL HAS JUST COMPLETED HER NVQ LEVEL 2 IN 'LEARNING SUPPORT' AND IS LOOKING FORWARD TO RETURNING TO WORK SOON. WE REALLY HOPE CORAL ENJOYS HER TIME WITH US AND THAT WE CAN SUPPORT HER TO REACH HER GOALS.



## Louise

### Sunnyside's 11<sup>th</sup> Learner to move to independence

WE ARE HAPPY TO LET YOU KNOW THAT LOUISE DID SO WELL IN HER TRAINING FLAT THAT SHE WAS ABLE TO MOVE INTO SUPPORTED LIVING IN THE COMMUNITY.

LOUISE IS THE 11<sup>TH</sup> LEARNER TO MOVE INTO THE COMMUNITY FROM SUNNYSIDE SINCE WE OPENED OUR DOORS IN 2008, WE ARE PROUD OF ALL OUR LEARNERS AND GRATEFUL TO OUR HARD-WORKING STAFF TEAM THAT MAKE THIS ACCOMPLISHMENT POSSIBLE. LOUISE IS PROGRESSING REALLY WELL, SHE IS ENJOYING LIVING WITH MORE INDEPENDENCE. LOUISE CONTACTS THE HOUSE REGULARLY TO SPEAK TO FRIENDS THAT SHE MADE WHILST LIVING AT SUNNYSIDE HOUSE. WE WISH LOUISE ALL THE BEST AS HER INDEPENDENCE JOURNEY CONTINUES.





# NEW ACCOMMODATION IN THURROCK



As previously above, we have recently registered our domiciliary care company and are pleased to announce that this means we are able to provide more services within the community. In addition to helping people live a fulfilling life in their own homes, we will soon also be able to provide accommodation to those wishing to take that next step in their independence.

We have a selection of move on properties soon coming to the market for a variety of service user group settings. This includes 3-bedroom shared housing and 2-bedroom apartments.

These properties will be ready in time for summer 2021.

If you wish to register your interest in these properties, please contact us at [homecare@sunnysidehouse.co.uk](mailto:homecare@sunnysidehouse.co.uk)



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